

Program Descriptions – OPEN TO ALL!

- ANTI-STRESS MOVEMENT:** Recharge by moving your body, resting, or taking a peaceful moment for yourself.
- ASTOR LOUNGE:** Come hang out every day from 3:30–4pm and have a snack.
- ART BLOOMS:** Explore and share inner worlds and allow creativity to bloom through therapeutic art-making.
- DINNER IN THE CAFÉ:** Join your friends at 5pm for a home-cooked meal.
- COMMUNITY MEETING:** Come together to discuss relevant community issues and celebrate each other.
- DRAG RACE VIEWING PARTY:** Shantay you stay! Join us for a weekly episode of Drag Race each Monday.
- FIGHT CLUB:** Punch something, feel strong, and learn the basics of self-defense as you move your body.
- GET PSYCHED ABOUT GAMES:** Play and discuss video games through the lens of psychoeducation.
- HOUSING DROP-IN:** Navigate skills around housing issues, as well as securing housing resources.
- JOB SHOP:** Study hall-style tutoring space for youth to drop in and work on job readiness skills and materials.
- KIKI LOUNGE:** Kiki, Vogue, runway. What’s your fancy?
- KNIT & CROCHET:** Learn to knit, crochet, or bring your current fiber arts project to work on! Supplies provided.
- KNOW YOUR POWER:** Come chat about harm reduction, substance use, and the way they impact our daily lives.
- KRAFTERNOON:** A weekly crafting group offering jewelry-making, button-making, glitter-gel crafting, and sewing.
- OPEN ART STUDIO:** Express yourself through painting, drawing, and crafts.
- OUT LOUD:** Find your voice and express yourself through music, songwriting, listening, and performance.
- PEACE PORTAL:** SSHHHH ... It’s quiet time. Check out a laptop and use this personal quiet time for yourself.
- QUEER STORY LAB:** Tell your story through writing, visual art, and theater!
- SOUL CIRCLE:** A support group for youth of color, focused on healing and joy.
- TABLETOP GAYMERS:** Create your character, join the campaign, and set off on a queer adventure!
- TRANS TREATS:** Join us to talk about your gender and how it intersects with all the other parts of your identity.
- WHAT’S THE T BLOCKER:** A discussion and community space for all folks of trans-fem experience.
- GENDER AFFIRMING PLACE (GAP):** Your one stop shop for all items gender-affirming!

JOIN US FOR OUR SPECIAL EVENTS



JOIN US FOR

JULY COMMUNITY MEETING

THURSDAY JULY 16
4 - 5 PM | CAFE



JULY COMMUNITY MEETING
Thursday 7/23 at 4 PM



SUMMER FIELD Trips

SIGN UP BELOW:

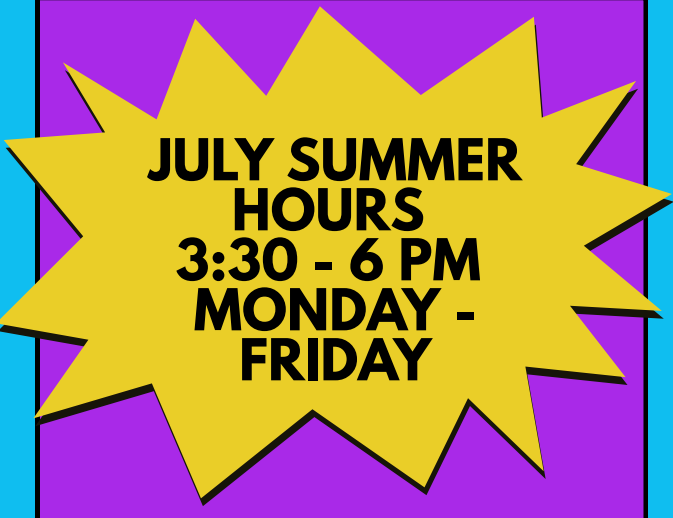
ALL SUMMER LONG
FT. BRONX ZOO, MUSEUMS,
AQUARIUM, THEATER, SOCCER,
AND MORE!





SUMMER FIELD TRIPS
All July & August

JULY SUMMER HOURS
3:30 - 6 PM
MONDAY - FRIDAY



HMI WILL CLOSE AT 6PM EVERY DAY IN JULY

Other Services – SIGN UP AT THE FRONT DESK

- ON-SITE HIV & STI TESTING:** Get tested at HMI and receive a \$10 gift card and metrocard once a month.
- COLLEGE ADVISEMENT:** Support in achieving college aspirations & other post-secondary education goals.
- DROP-IN AND LONG TERM COUNSELING:** Meet with a friendly counselor to chat about what’s going on.
- PANTRY SERVICES:** Visit our pantry for clothing, toiletries laundry, a shower, and snacks.
- CASE MANAGEMENT:** Need health insurance, critical documents or assistance with a name change?
- HOUSING SUPPORT:** Tired? Hungry? From street homeless, to violent parent/family dynamics, shelter living, communes, survival sex. You name it and we’ll help offer structure/a plan/resources.



July 2026 Calendar

Have a great summer!



Hetrick Martin Institute for LGBTQIA+ Youth
2 Astor Place, New York, NY 10003



JULY 2026

Program Schedule

Mon - Fri: 3:30 - 7:30 PM
Dinner at 5 PM

Directions

R **W** to 8th Street
6 to Astor Place

Become a Member:

Email join@hmi.org to schedule an intake or walk in!

Services Available Everyday

- On-Call Counseling
- Pantry: shower, laundry, clothes, and toiletries
- HIV & STI Testing
- Housing Support
- Academic Advisement
- Hot Meal Services

Sign Up at the Front Desk!



Summer Field Trips:

July 7: **New Museum**
July 14: **Billion Oyster Project** visit on Governor's Island
July 21: **Spyscape Museum**
July 28: **Coney Island Aquarium**
August 7: **Shakespeare in the Park: A Winter's Tale**
August 14: **Gotham FC Women's Soccer Game**
August 18: **Bronx Zoo**
August 27: **End of Summer Picnic**

Sign Up Below!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 HMI will close at 6 PM every day in July. Services and programs will end after dinner!		1 4 - 5 PM Anti-Stress Movement Kiki Lounge Art Thera-Tree 5 - 5:45 PM Dinner	2 4 - 5 PM Out Loud Spirit Space 5 - 5:45 PM Dinner	3 HMI CLOSED Holiday	 SUMMER FIELD Trips SIGN UP BELOW: ALL SUMMER LONG FT. BRONX ZOO, MUSEUMS, AQUARIUM, THEATER, SOCCER AND MORE!
6 4 - 5 PM Extended Astor Lounge Kiki Lounge T Boi Talk 5 - 5:45 PM Dinner	7 4 - 5 PM Trans Treats & Non-Binary Bites Extended Astor Lounge 4 - 6 PM New Museum Field Trip 5 - 5:45 PM Dinner	8 4 - 5 PM Anti-Stress Movement Kiki Lounge Art Thera-Tree 5 - 5:45 PM Dinner	9 HMI CLOSED Admin Day	10 4 - 5 PM Queer Story Lab You Better Work 5 - 5:45 PM Dinner	 T BOI TALK An affinity group for trans and gender non-conforming masculine aligned folks. Join a safer space to be in community with one another. Mondays, 4-5PM Room 305 For info, email Kaden! kweaver@hmi.org
13 4 - 5 PM Krafternoon Kiki Lounge T Boi Talk New Member Orientation 5 - 5:45 PM Dinner	14 4 - 5 PM Trans Treats & Non-Binary Bites 4 - 6 PM Governor's Island Field Trip 5 - 5:45 PM Dinner	15 4 - 5 PM Anti-Stress Movement Kiki Lounge Art Thera-Tree New Member Orientation 5 - 5:45 PM Dinner	16 4 - 5 PM Out Loud Spirit Space 5- 5:45 PM Dinner	17 4 - 5 PM Queer Story Lab You Better Work 5 - 5:45 PM Dinner	 Success Academy you better WORK DROP BY AND DISCUSS TOPICS LEADING TO & INCLUDING GETTING A JOB & STARTING A CAREER FRIDAYS JULY - SEPTEMBER Room #302
20 4 - 5 PM Kiki Lounge T Boi Talk Krafternoon New Member Orientation 5 - 5:45 PM Dinner	21 4 - 5 PM Knit & Crochet Trans Treats & Non-Binary Bites 4 - 6 PM Spyscape Field Trip 5 - 5:45 PM Dinner	22 4 - 5 PM Anti-Stress Movement Kiki Lounge Art Thera-Tree New Member Orientation 5 - 5:45 PM Dinner	23 4 - 5 PM July Community Meeting 5 - 5:45 PM Dinner	24 Hosted at St. Luke Church of the Fields  Last Entry @ 5 PM	 Touch Grass, Make Art ART THERA Tree Ecotherapy group focused on making in nature and with natural materials
27 4 - 5 PM Kiki Lounge T Boi Talk Krafternoon New Member Orientation 5 - 5:45 PM Dinner	28 4 - 5 PM Knit & Crochet Trans Treats & Non-Binary Bites 4 - 6 PM Aquarium Field Trip 5 - 5:45 PM Dinner	29 4 - 5 PM Anti-Stress Movement Kiki Lounge Art Thera-Tree New Member Orientation 5 - 5:45 PM Dinner	30 4 - 5 PM Out Loud Spirit Space 5- 5:45 PM Dinner	31 4 - 5 PM Queer Story Lab You Better Work 5 - 5:45 PM Dinner	

Daily Schedule

3:30 - 4: Astor Lounge
5 - 5:45: Dinner
5:45: Cafe Cleanup