

Create a Winter Color Palette

- Pick out a selection of colors that represent your different moods for the Winter season.
 - Colors can be selected from scrap papers, old clothing, food packages, traditional art materials, and anything else that contains color.
- Categorize or name these colors according to what they might represent for you.
- Keep them close, or on hand when you are feeling a connection to that color. Think of how the different colors may be combined, or how they work with or against each other.
- You can paste your color palette onto a piece of cardboard or into a journal and write about the different moods they represent.