Individual Support

On-call Counseling- Are you feeling some type of way? Meet with a counselor for 30 minutes to talk about whatever’s on your mind. Sign up at the front desk Monday-Friday beginning from 3:30-7:00. First come, first serve.

On-going Counseling- Meet with a counselor at a set time every week to work on mental health challenges and set goals for emotional health.

Psychiatry- Get a psychiatric evaluation for supportive housing or a letter to change your gender marker on your critical documents. Obtain a referral from your on-going counselor to discuss medication options.