

# HMI DAILY SCHEDULE

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## MONDAY – FRIDAY (24 & Under)

3:30PM-4:00PM: Astor Lounge

4:00PM-5:00PM: Group/Internship

5:00PM-6:00PM: Dinner

6:00PM-7:30PM: Group/Internship

7:30PM: Train Pass

\* 1st and 3rd Thursdays are closed for staff administration days. Check the monthly calendar for the most up to date information.

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## SATURDAY (21 & Under)

3:30PM-4:00PM: SNL Lounge

4:00PM-6:00PM: Saturday Night Lights (SNL)

6:00PM-7:00PM: Dinner

7:00PM-8:00PM: Chill Time

\* Metro cards are given at the end of programming.

# R.O.C.K.S

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Respect each other, yourself, and the staff (PGP, physical and emotional space, needs, views, opinions, strengths and limitations)

One Mic/ Open-mindedness

Confidentiality- what is said in this room stays in this room, respect others privacy, do not “out” anyone/Consensual Touch– ask someone permission before touching them

Keep it CUTE- agree to disagree, respect differences

Sensitivity/Safety/Shade free

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# HOURS & CONTACT

## HMI: New York City

2 Astor Place, New York, NY 10003  
Phone: 212-674-2400

## MONDAY – FRIDAY

3:30PM-7:30PM

## SATURDAY

3:30pm– 8:00pm

## HMI: Newark, NJ

550 Broad St., Suite 610, Newark, NJ 07102  
Phone: 973-722-5060

## MONDAY – FRIDAY

3:00PM-7:00PM

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**HETRICK-MARTIN INSTITUTE**  
EMPOWERMENT, EDUCATION & ADVOCACY FOR LGBTQ YOUTH



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## HMI MISSION

Hetrick-Martin Institute believes all young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential. Hetrick-Martin creates this environment for lesbian, gay, transgender, and questioning youth between the ages of 13-24 and their families.



### ACADEMIC ENRICHMENT

- ◆ **High School Equivalency Program (HSE)** Need to obtain your HSE? HMI offers classes for LGBTQ young adults ages 18-24.  
\*Contact Jackson Katz at [jkatz@hmi.org](mailto:jkatz@hmi.org)
- ◆ **College Prep Services** Case management, financial aid, college placement, scholarships  
\*Contact Charles Parker at [cparker@hmi.org](mailto:cparker@hmi.org)
- ◆ **Tutoring and Peace Portal** Feeling anxious about an exam? Want to improve your grades? Need a quiet space to use the computer?  
\*See the calendar for days and times.



### JOB READINESS

- ◆ **Individual Job Counseling** Need help fixing up your resume? Having trouble landing a job?  
\*Contact Popovics at [jpopovics@hmi.org](mailto:jpopovics@hmi.org)
- ◆ **Job Readiness Internships** Paid internships designed to prepare youth for the world of work and put them on a path to financial independence.  
\*Contact Derrick Holloway at [dholloway@hmi.org](mailto:dholloway@hmi.org)



## HEALTH AND WELLNESS

- ◆ **On-site HIV and STI testing** every Monday and the 2nd and 4th Wednesday of the month from 3:30-7:30 through the HEAT program.  
\*Contact Neicy Webster at [nwebster@hmi.org](mailto:nwebster@hmi.org)
- ◆ **On-site General Medical Services** the 1st and 3rd Wednesday of the month from 3:30-6:30 through the Callen-Lorde HOTT Program  
\*Contact Jules Rocco at [jrocco@hmi.org](mailto:jrocco@hmi.org)
- ◆ **Young and Positive** and need support/resources?  
\*Contact Malaya Manacop at [mmanacop@hmi.org](mailto:mmanacop@hmi.org)
- ◆ **On-site Medicaid Enrollment** every Wednesday from 4-6pm in RM 328.
- ◆ Interested in learning about or getting on **PREP**?  
\*Contact Jay Johnson at [jjohnson@hmi.org](mailto:jjohnson@hmi.org)
- ◆ Need and **Eye Exam** or a new pair of glasses?  
\*Contact Jules Rocco at [jrocco@hmi.org](mailto:jrocco@hmi.org)
- ◆ Love to Vogue? Come to **Kiki Lounge** every Monday and Wednesday from 6-7:30pm.
- ◆ 21 and under? Into physical fitness? Attend **Saturday Night Lights** every Saturday from 3:30-8pm.  
\*Contact Megan Howard at [mmhoward@hmi.org](mailto:mmhoward@hmi.org)
- ◆ Need **Gender-Affirming** education and resources?  
\*Contact Joie Waxler at [jwaxler@hmi.org](mailto:jwaxler@hmi.org)



## ARTS AND CULTURE

- ◆ Interested in the visual arts? Come to **Open Art Studio** every Monday and Wednesday from 4-7:30pm.  
\*Contact Leesa Tabrizi at [ltabrizi@hmi.org](mailto:ltabrizi@hmi.org)
- ◆ Want to write a song, rap, or create your own beats? Come to **Music Masters** every Wednesday, and Friday from 4-7:30pm.  
\*Contact DonChristian Jones at [djones@hmi.org](mailto:djones@hmi.org)
- ◆ Interested in hip-hop and modern dance and/or voguing? Attend **Dance with Jackie O** every Tuesday and Friday from 6-7:30pm.
- ◆ Want to explore your emotional life through artistic expression? Join the **Expressive Arts Internship**.  
\*Contact Robin Snow at [rsnow@hmi.org](mailto:rsnow@hmi.org)



## HOMELESS YOUTH SERVICES

- ◆ Are you homeless or marginally-housed? Don't know what shelter to go to? Not sure if you qualify for Supportive Housing? In need of a critical document or ID? Looking for legal assistance? HMI offers **Case-Management** and **Supportive Counseling** to address your needs.  
\*Contact Theo Czerevko at [tczerevko@hmi.org](mailto:tczerevko@hmi.org)
- ◆ Need clothing, shoes, toiletries, or food? Need to take a shower or do laundry? Sign up at the front desk for **Pantry Services** Monday– Friday beginning at 3:30pm. First come/ first serve!



## COUNSELING SERVICES

- ◆ Struggling with depression, anxiety, stress, substance use, relationships, family issues, safer-sex questions, coming-out, gender identity concerns, etc.? HMI offers **On-Call Counseling** and **On-Going Weekly Counseling Sessions** as well as **Art Therapy** and **Psychiatric Services**.  
\*Sign up at the front desk for an on-call session or contact Glenn Smulyan at [gsmulyan@hmi.org](mailto:gsmulyan@hmi.org)
- ◆ **Weekly Support Groups**  
\*See calendar for days and times.



## HOW TO BECOME A MEMBER

- ◆ **HMI Intakes** Mondays, Tuesdays, Wednesdays, And Fridays beginning at 3:30pm  
\*Intakes are done on a first come/ first serve basis. Contact Eric Peterson at [epeterson@hmi.org](mailto:epeterson@hmi.org)
- ◆ **New Member Orientation** After completing the HMI Intake, you are invited to attend an orientation where you will hear all about HMI's many services, get a tour of the space, and take a picture for your HMI ID card.

