HMI DAILY SCHEDULE

MONDAY – FRIDAY (24 & Under)

3:30PM-4:00PM: Astor Lounge

4:00PM-5:00PM: Group/Internship

5:00PM-6:00PM: Dinner

6:00PM-7:30PM: Group/Internship

7:30PM: Train Pass

* 1st and 3rd Thursdays are closed for staff administration days. Check the monthly calendar for the most up to date information.

SATURDAY (21 & Under)

3:30PM-4:00PM: SNL Lounge

4:00PM-6:00PM: Saturday Night Lights (SNL)

6:00PM-7:00PM: Dinner

7:00PM-8:00PM: Chill Time

* Metro cards are given at the end of programming.

R.O.C.K.S

Respect each other, yourself, and the staff (PGP, physical and emotional space, needs, views, opinions, strengths and limitations) One Mic/ Open-mindedness Confidentiality- what is said in this room stays in this room, respect others privacy, do not "out" anyone/Consensual Touch– ask someone permission before touching them Keep it CUTE- agree to disagree, respect differences Sensitivity/Safety/Shade free

HOURS & CONTACT

HMI: New York City 2 Astor Place, New York, NY 10003 Phone: 212-674-2400

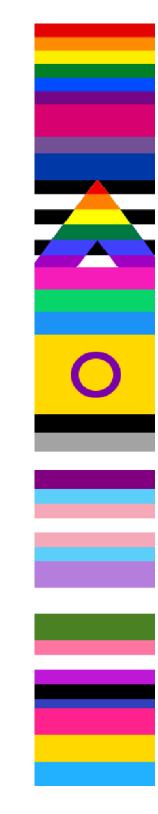
> MONDAY – FRIDAY 3:30PM-7:30PM

SATURDAY 3:30pm- 8:00pm

HMI: Newark, NJ 550 Broad St., Suite 610, Newark, NJ 07102 Phone: 973-722-5060

> MONDAY - FRIDAY 3:00PM-7:00PM





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HMI MISSION

Hetrick-Martin Institute believes all young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential. Hetrick-Martin creates this environment for lesbian, gay, transgender, and questioning youth between the ages of 13-24 and their families.

ACADEMIC ENRICHMENT

- High School Equivalency Program (HSE) Need to obtain your HSE? HMI offers classes for LGBTQ young adults ages 18-24.
 *Contact Jackson Katz at ikatz@hmi.org
- College Prep Services
 Case management, financial aid, college placement, scholarships *Contact Charles Parker at cparker@hmi.org
- Tutoring and Peace Portal Feeling anxious about an exam? Want to improve your grades? Need a quiet space to use the computer?
 *See the calendar for days and times.

JOB READINESS

Individual Job Counseling Need help fixing up your resume? Having trouble landing a job? *Contact Popovics at

jpopovics@hmi.org

 Job Readiness Internships
 Paid internships designed to prepare youth for the world of work and put them on a path to financial independence.
 *Contact Derrick Holloway at dholloway@hmi.org

HEALTH AND WELLNESS

- On-site HIV and STI testing every Monday and the 2nd and 4th Wednesday of the month from 3:30-7:30 through the HEAT program.
 *Contact Neicy Webster at nwebster@hmi.org
- On-site General Medical Services the 1st and 3rd Wednesday of the month from 3:30-6:30 through the Callen-Lorde HOTT Program
 *Contact Jules Rocco at irocco@hmi.org
- Young and Positive and need support/resources?
 *Contact Malaya Manacop at mmanacop@hmi.org
- **On-site Medicaid Enrollment** every Wednesday from 4-6pm in RM 328.
- Interested in learning about or getting on PREP?
 *Contact Jay Johnson at jjohnson@hmi.org
- Need and Eye Exam or a new pair of glasses?
 *Contact Jules Rocco at jrocco@hmi.org
- Love to Vogue? Come to Kiki Lounge every Monday and Wednesday from 6-7:30pm.
- 21 and under? Into physical fitness? Attend Saturday Night Lights every Saturday from 3:30-8pm.
 *Contact Megan Howard at mmhoward@hmi.org
- Need Gender-Affirming education and resources?
 *Contact Joie Waxler at jwaxler@hmi.org

ARTS AND CULTURE

 Interested in the visual arts? Come to Open Art Studio every Monday and Wednesday from 4-7:30pm.

*Contact Leesa Tabrizi at https://tabrizi@hmi.org

 Want to write a song, rap, or create your own beats? Come to Music Masters ever Wednesday, and Friday from 4-7:30pm.

*Contact DonChristian Jones at djones@hmi.org

- Interested in hip-hop and modern dance and/or vogueing? Attend Dance with Jackie O every Tuesday and Friday from 6-7:30pm.
- Want to explore your emotional life through artistic expression? Join the Expressive Arts Internship.
 *Contact Robin Snow at rsnow@hmi.org

HETRICK-MARTIN INSTITUTE

EMPOWERMENT, EDUCATION & ADVOCACY FOR LGBTO YOUTH

HOMELESS YOUTH SERVICES

- Are you homeless or marginallyhoused? Don't know what shelter to go to? Not sure if you qualify for Supportive Housing? In need of a critical document or ID? Looking for legal assistance? HMI offers Case-Management and Supportive Counseling to address your needs.
 *Contact Theo Czerevko at tczerevko@hmi.org
- Need clothing, shoes, toiletries, or food? Need to take a shower or do laundry? Sign up at the front desk for Pantry Services Monday– Friday beginning at 3:30pm. First come/ first serve!

COUNSELING SERVICES

- Struggling with depression, anxiety, stress, substance use, relationships, family issues, safer-sex questions, coming-out, gender identity concerns, etc.? HMI offers On–Call
 Counseling and On-Going Weekly
 Counseling Sessions as well as Art
 Therapy and Psychiatric Services.
 *Sign up at the front desk for an oncall session or contact Glenn
 Smulyan at gsmulyan@hmi.org
- Weekly Support Groups *See calendar for days and times.

HOW TO BECOME A MEMBER

HMI Intakes Mondays, Tuesdays, Wednesdays, And Fridays beginning at 3:30pm *Intakes are done on a first come/ first serve basis. Contact Eric Peterson at epeterson@hmi.org

- New Member Orientation
 After completing the HMI Intake, you are invited to attend an orientation where you will hear all about HMI's many services, get a tour of the space, and take a picture for your HMI ID card.