HMI DAILY SCHEDULE

MONDAY – FRIDAY (24 & Under)

3:30PM-4:00PM: Astor Lounge
4:00PM-5:00PM: Group/Internship
5:00PM-6:00PM: Dinner
6:00PM-7:30PM: Group/Internship
7:30PM: Train Pass

* 1st and 3rd Thursdays are closed for staff administration days. Check the monthly calendar for the most up to date information.

SATURDAY (21 & Under)

3:30PM-4:00PM: SNL Lounge
4:00PM-6:00PM: Saturday Night Lights (SNL)
6:00PM-7:00PM: Dinner
7:00PM-8:00PM: Chill Time

* Metro cards are given at the end of programming.

R.O.C.K.S

Respect each other, yourself, and the staff (PGP, physical and emotional space, needs, views, opinions, strengths and limitations)

One Mic/ Open-mindedness
Confidentiality- what is said in this room stays in this room, respect others privacy, do not “out” anyone/
Consensual Touch- ask someone permission before touching them
Keep it CUTE- agree to disagree, respect differences

Sensitivity/Safety/Shade free

HOURS & CONTACT

HMI: New York City
2 Astor Place, New York, NY 10003
Phone: 212-674-2400

MONDAY – FRIDAY
3:30PM-7:30PM

SATURDAY
3:30pm– 8:00pm

HMI: Newark, NJ
550 Broad St., Suite 610, Newark, NJ 07102
Phone: 973-722-5060

MONDAY – FRIDAY
3:00PM-7:00PM
**HMI MISSION**
Hetrick-Martin Institute believes all young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential. Hetrick-Martin creates this environment for lesbian, gay, transgender, and questioning youth between the ages of 13-24 and their families.

**ACADEMIC ENRICHMENT**
- High School Equivalency Program (HSE) Need to obtain your HSE? HMI offers classes for LGBTQ young adults ages 18-24. *Contact Jackson Katz at jkatz@hmi.org
- College Prep Services Case management, financial aid, college placement, scholarships *Contact Charles Parker at cparker@hmi.org
- Tutoring and Peace Portal Feeling anxious about an exam? Want to improve your grades? Need a quiet space to use the computer? *See the calendar for days and times.

**JOB READINESS**
- Individual Job Counseling Need help fixing up your resume? Having trouble landing a job? *Contact Popovics at jpopovics@hmi.org
- Job Readiness Internships Paid internships designed to prepare youth for the world of work and put them on a path to financial independence. *Contact Derrick Holloway at dholloway@hmi.org

**HEALTH AND WELLNESS**
- On-site HIV and STI testing every Monday and the 2nd and 4th Wednesday of the month from 3:30-7:30 through the HEAT program. *Contact Neicy Webster at nwebster@hmi.org
- On-site General Medical Services the 1st and 3rd Wednesday of the month from 3:30-6:30 through the Callen-Lorde HOTT Program *Contact Jules Rocco at jrocco@hmi.org
- Young and Positive and need support/resources? *Contact Malaya Manacop at mmanacop@hmi.org
- On-site Medicaid Enrollment every Wednesday from 4-6pm in room 328.
- Interested in learning about or getting on PREP? *Contact Jay Johnson at jjohnson@hmi.org
- Need and Eye Exam or a new pair of glasses? *Contact Jules Rocco at jrocco@hmi.org
- Love to Vogue? Come to Kiki Lounge every Monday and Wednesday from 6-7:30pm.
- 21 and under? Into physical fitness? Attend Saturday Night Lights every Saturday from 3:30-8pm. *Contact Megan Howard at mmhoward@hmi.org
- Need Gender-Affirming education and resources? *Contact Joie Waxler at jwaxler@hmi.org

**ARTS AND CULTURE**
- Interested in the visual arts? Come to Open Art Studio every Monday and Wednesday from 4-7:30pm. *Contact Leesa Tabrizi at ltabrizi@hmi.org
- Want to write a song, rap, or create your own beats? Come to Music Masters every Wednesday, and Friday from 4-7:30pm. *Contact Don Christian Jones at djones@hmi.org
- Interested in hip-hop and modern dance and/or voguing? Attend Dance with Jackie O every Tuesday and Friday from 6-7:30pm.
- Want to explore your emotional life through artistic expression? Join the Expressive Arts Internship. *Contact Robin Snow at rsnow@hmi.org

**HOMELESS YOUTH SERVICES**
- Are you homeless or marginally housed? Don’t know what shelter to go to? Not sure if you qualify for Supportive Housing? In need of a critical document or ID? Looking for legal assistance? HMI offers Case Management and Supportive Counseling to address your needs. *Contact Theo Czerevko at tczerevko@hmi.org
- Need clothing, shoes, toiletries, or food? Need to take a shower or do laundry? Sign up at the front desk for Pantry Services Monday–Friday beginning at 3:30pm. First come/first serve!

**COUNSELING SERVICES**
- Struggling with depression, anxiety, stress, substance use, relationships, family issues, safer-sex questions, coming-out, gender identity concerns, etc.? HMI offers On-Call Counseling and On-Going Weekly Counseling Sessions as well as Art Therapy and Psychiatric Services. *Sign up at the front desk for an on-call session or contact Glenn Smulyan at gsmulyan@hmi.org
- Weekly Support Groups *See calendar for days and times.

**HOW TO BECOME A MEMBER**
- HMI Intakes Mondays, Tuesdays, Wednesdays, And Fridays beginning at 3:30pm *Intakes are done on a first come/first serve basis. Contact Eric Peterson at epeterson@hmi.org
- New Member Orientation After completing the HMI Intake, you are invited to attend an orientation where you will hear all about HMI’s many services, get a tour of the space, and take a picture for your HMI ID card.